



Provisional 5-day Program Erasmus+ Structured Course about the Finnish Education System

Sunday

13:30 – 14:00	Meet & Greet with the other participants
14:00 – 17:00	Cultural program: Guided tour of Helsinki by Happy Guides (https://www.happyguidehelsinki.com/)

Monday

10:00 – 12:00	Finnish Lessons. Expert workshop about the Finnish Education System “Less is More”. Q&A session.
12.00 - 13.30	Lunch (own expense or bring your own)
13.30 – 15.30	Best Practice market – sharing best practices with European colleagues about teachers as change agents (How do you combat burnout and stay motivated? How do you share responsibility for learning? How do you motivate and empower your students? How do you implement the joy of learning?)
15:30 – 16:00	Wrap-up of the day

Tuesday

09.00 -12-00	Visiting a primary or secondary school in the Helsinki Capital Region. Welcome, observation classes, tour of the school and discussion with the principal, teachers, and students about the everyday life in a Finnish school. Questions and answers.
12:00 – 13.30	Lunch (own expense or bring your own)
13:30 – 15:30	Pedagogical Leadership, coaching and Innovation: Expert workshop about leadership, coaching and innovation in Finnish schools
15:30 – 16:00	Wrap-up of the day



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Wednesday

10.00 – 12.00	Special Needs and Inclusive education. Expert workshop about how special needs and inclusive education (for instance personalized learning) is organized in Finland. Q& A session. This workshop can also be replaced with different topics, for instance Positive Pedagogy or Digitization in the classroom , depending on your and the other participants interests.
12.00 - 13.30	Lunch (own expense or bring your own)
13.30 - 16.00 (OPTION 1)	Innovation and STEM: Self-guided visit to the Heureka Science Center – How science can be integrated and plays an important part of the everyday life. (https://www.heureka.fi/?lang=en)
13:30 – 16:00 (OPTION 2)	Visit to the Allas Sea Pool Sauna: Self-guided visit to an excellent Finnish sauna straight into the centre of Helsinki, with the possibility of (ice) swimming in the Baltic and enjoying the true nature of the Finnish soul (https://allasseapool.fi/?lang=en)
13:30 – 16:00 (OPTION 3)	Visit to the Nuuksio Nature Park, walk into wild natural settings, and enjoy typically Finnish scenery, with lovely lakes & forests (https://www.nationalparks.fi/nuuksionp)

Thursday

9.00 – 12.00	Visiting a primary or secondary school in the Helsinki Capital Region. Welcome, observation classes, tour of the school and discussion with the principal, teachers, and students about the everyday life in a Finnish school. Questions and answers.
12.00 - 13.30	Lunch (own expense)
13:30 – 14:00	Closing ceremony of the course in Helsinki. Question and answer session, evaluation, networking, etc.